

STOTT PILATES® Course Application



REGISTRATION PROCEDURE

1. Review the certification policies carefully and sign the policies declaration.
2. Complete and sign the application form, clearly indicating the desired certification course(s).
3. Applications should be submitted to: **Studio Praxis**

4900 Jean-Talon Ouest, Suite 215
Montreal (QC) H4P 1W9
Fax: 514 486 0611 or Email: info@studiopraxis.com

CERTIFICATION POLICIES

ENROLMENT

Applicants must submit a completed course application, along with the required course deposit to Studio Praxis. Please note: Course deposits are \$300 per course, all deposits are non-refundable and non-transferable. Applications will be reviewed promptly, and applicants will be notified of their acceptance status via phone or e-mail. If accepted to the requested course(s), the balance of the tuition is due no later than the first day of class, unless prior arrangements have been made with the director. Payment and pick-up of course materials is on the first day of class.

PRE REQUISIT TRAINING

Applicants to the Intensive Mat Plus and/or the Intensive Reformer course must provide written documentation of a minimum of 30 hours of participation in Pilates classes or sessions. In the absence of such documentation, students will be asked to enrol in Praxis Pre-Training; a 30-class package of sessions designed to introduce students to the STOTT PILATES method. If the student feels s/he has the required Pilates experience but is unable to provide documentation, the student may book an evaluation with the Instructor-Trainer to qualify for admission to the course(s).

ATTENDANCE

100% attendance is mandatory. A course completion letter will only be issued once the student has completed 100% of the course curriculum.

Make-up sessions for missed hours/classes: If a student must miss class time the required make-up is at a ratio of one hour of private instruction for every two hours missed (1:2). Private Instructor-Trainer fees are applicable. Please refer to the Certification Price List for current rates. Make-up hours must be completed in a timely manner. Students have a maximum of 6 months to make-up any hours missed. If they exceed this timeline the course is forfeited and the entire course must be retaken in order to be eligible to examine and certify. Regular course fees will apply.

TRANSFER

Students are allowed a one-time transfer of their course fees, minus the course deposit. Without exception, course deposits are non-refundable and non-transferable.

WITHDRAWAL

Withdrawal prior to start of course: Full refund minus deposit and any group class fees if applicable.

Withdrawal after the course start date: Refund minus deposit, hourly fee for course time attended, and any group class fees if applicable.

USE OF THE STUDIO

Free classes : Students are given 5 free group classes* to use at Praxis any time from their enrolment date until the last day of their certification course, providing there is space in the class and that the class level matches their level of ability. The class instructor reserves the right to refuse entry to a student if it is felt that the student's level of ability is not equal to the level of the class – this is done expressly for the safety of the student. Students are required to give 24 hours notice to cancel their space in a group class. Failure to cancel within the 24 hour time frame will result in the class being forfeited. Students will be asked to cede their place in a class to a paying client. No extensions will be given on the use of these classes – any free classes remaining on the students account after the last day of their course will be forfeit.

***IMP students will be given 5 Mat classes, and IR students will be given 5 Reformer classes.**

Students receive a 50% discount on all group class packages for a period of 6 months from the end of their certification course.

Observation: Students may begin accumulating observation hours once the certification course has started and they have received observation guidance from the Instructor-Trainer. Students may observe classes free of charge at Praxis for a period of six months from the start date of their certification course. Students may only observe classes relevant to the course in which they are enrolled – IMP students may observe Mat classes, IR students may observe Reformer classes, and ICCB students may observe Circuit classes and private sessions. Students must get prior permission from the instructor to observe private sessions. Students must observe private sessions from a distance, always respecting the privacy of the session. Instructors reserve the right to ask a student to move away from the area where the session is taking place.

Practice teaching, review and study: Students may use the studio for practice teaching, review or study for a period of six months from the start date of their course. Students may practice teach on other students free of charge in the studio, or with a non-student for a fee of \$10 per hour. The studio is a shared environment and a working business - students are expected to work quietly without intruding upon regular studio activity.

X

I have read and understand these certification policies.

Course Application

CONTACT INFORMATION

Name: _____

Company (if applicable): _____

Address: _____

City: _____

Province: _____ Postal code: _____

Email: _____

Telephone: _____

Mobile: _____

COURSE SELECTION

PREFERRED DATES

- IMP** Intensive Mat Plus - 40 hrs _____
- AM** Advanced Mat - 6 hrs _____
- IR** Intensive Reformer - 50 hrs _____
- AR** Advanced Reformer - 18 hrs _____
- ICCB** Intensive Cadillac, Chair & Barrels - 50 hrs _____
- ACCB** Advanced Cadillac, Chair & Barrels - 12 hrs _____
- ISP** Injury and Special Populations - 24 hrs _____
- ANA** Anatomy - 30 hrs _____

PAYMENT OPTIONS

Deposits and fees can be paid by Visa, Master Card, Debit, cheque or cash.
 No application will be reviewed until the course deposit has been received in full.
It is each student's responsibility to be aware of payment deadlines.

- Please select your method of payment:**
- Visa
 - Master Card
 - Debit
 - Cheque
 - Cash

If paying by credit card, please provide the card number and the expiry date in full:
 _____ Exp. ____ / ____

X

 Signature for credit card pre-authorisation.

Course Application

RELEVANT EDUCATION

Please list related degrees, diplomas, post-secondary or certificate courses and workshops:

Describe previous anatomy education:
(Include the number of hours, when and where you studied and what topics were covered)

List related certification (Please specify: eg. ACE, AFAA):

RELEVANT EXPERIENCE

Outline your teaching experience (describe subject taught/years teaching):

Course Application

Describe your personal experience in dance, fitness, and other body work (please include dates and timeframes):

Outline your Pilates experience (number of hours, when and where, STOTT PILATES or other method):

- None
- 1 - 10 hours
- 10 - 30 hours
- 30 hours +

PERSONAL INFORMATION

Do you have any injuries (including current or recent pregnancy) or postural issues?

Please note: Failure to disclose any injuries, conditions, or postural issues prior to enrolment may result in your removal from the course, or the modification of course repertoire to accommodate your participation.

When was your last physical examination?

Are you considered to be in good health and able to undertake this training?

What is your date of birth?

Emergency contact:

Name:

Telephone:

How did you hear about Studio Praxis and its education programs?
